

**To the Chairperson and Members of the  
South East Area Committee**

---

**Dublin City Sports and Wellbeing Partnership Report**

---

- **Dance for Life** continues each Tuesday morning from 11am – 12pm at The Evergreen Centre in Terenure. Class is for older adults and is free to attend.
- **Men on the Move:** This is a 12 week fitness programme for men that includes one walking / running session & one exercise class each week. The initiative continues each Monday & Thursday evening through October & November in The Evergreen Centre, Terenure.
- **Tai Chi (Headways):** Tai Chi classes will shortly commence at Headway in Donnybrook on Wednesday afternoons at 2pm. The class is for people with acquired brain injuries and helps them to use relaxation techniques.
- **Primary School Basketball:** Harold's Cross National School are taking part in an 8 week basketball programme designed to introduce the children to the skills involved in the game. Sessions will take place every Wednesday after school.
- **Yoga @ HOPS Rehab Care:** Yoga classes are currently running in HOPS Rehab Care Centre for clients with mental health difficulties. Classes take place every Wednesday afternoon from 2:30pm at their centre in Pearse Street.
- Our **Cricket** Development Officer will be delivering school yard sessions in the area during the October/November period, focusing in particular on Synge Street, Star of the Sea N.S. & St. Matthews N.S.
- Provincial cricket sessions resumed on October 7th (Friday nights from 5.00pm-9.30pm) in North County Cricket Club where a number of players from the South East Area are involved. Players are between 10-18 years of age.
- **Irishtown Stadium:** The upgrade works on the 11-a-side all-weather pitch have now been completed. The size of the facility has been increased and it now boasts a new pitch surface, new viewing area and new dug-outs & goals.  
  
Stadium staff is currently trying to encourage local schools to use the facility. This has so far led to 8 new school bookings between now and December.
- **Sprog Soccer:** This initiative for 4 – 8 year olds takes place every Friday morning in Sports & Fitness Irishtown (currently 60 participants) and every Wednesday at 9.30am in YMCA Aungier St (currently 40 participants)
- **Girl's Soccer:** Ongoing every Tuesday & Thursday evenings in Ringsend Park. Contact local Football Development Officer for more information.
- **Women's Soccer:** Ongoing every Monday & Wednesday evenings in Ringsend Park with a view to establishing a new women's team. Contact local Football Development Officer for more information.

- **Men's League:** Ongoing every Monday & Wednesday evenings from 6pm to 8pm in Ringsend Park.

**Contact details**

Rugby: [ken.knaggs@leinsterrugby.ie](mailto:ken.knaggs@leinsterrugby.ie)

Football: [jonathan.tormey@fai.ie](mailto:jonathan.tormey@fai.ie)

Boxing: [michael.carruth@dublincity.ie](mailto:michael.carruth@dublincity.ie)

Cricket: [fintan.mcallister@cricketleinster.ie](mailto:fintan.mcallister@cricketleinster.ie)

Michelle Malone, Sports Officer: [michelle.malone@dublincity.ie](mailto:michelle.malone@dublincity.ie)

John Sweeney, Sports Officer: [john.sweeney@dublincity.ie](mailto:john.sweeney@dublincity.ie)

Aideen O'Connor, Sports & Fitness Markievicz & Irishtown: [aideen.oconnor@dublincity.ie](mailto:aideen.oconnor@dublincity.ie)

Antonia Martin, Line Manager to Sports Officers: [antonia.martin@dublincity.ie](mailto:antonia.martin@dublincity.ie)

**Alan Morrin**

**Staff Officer**

**Dublin City Sport & Wellbeing Partnership**